

Face Mask - Sewing instructions

1. Cut two 20x20cm pieces out of a suitable fabric (woven cotton, e.g. cloth diapers) which is washable at 60°C if possible.

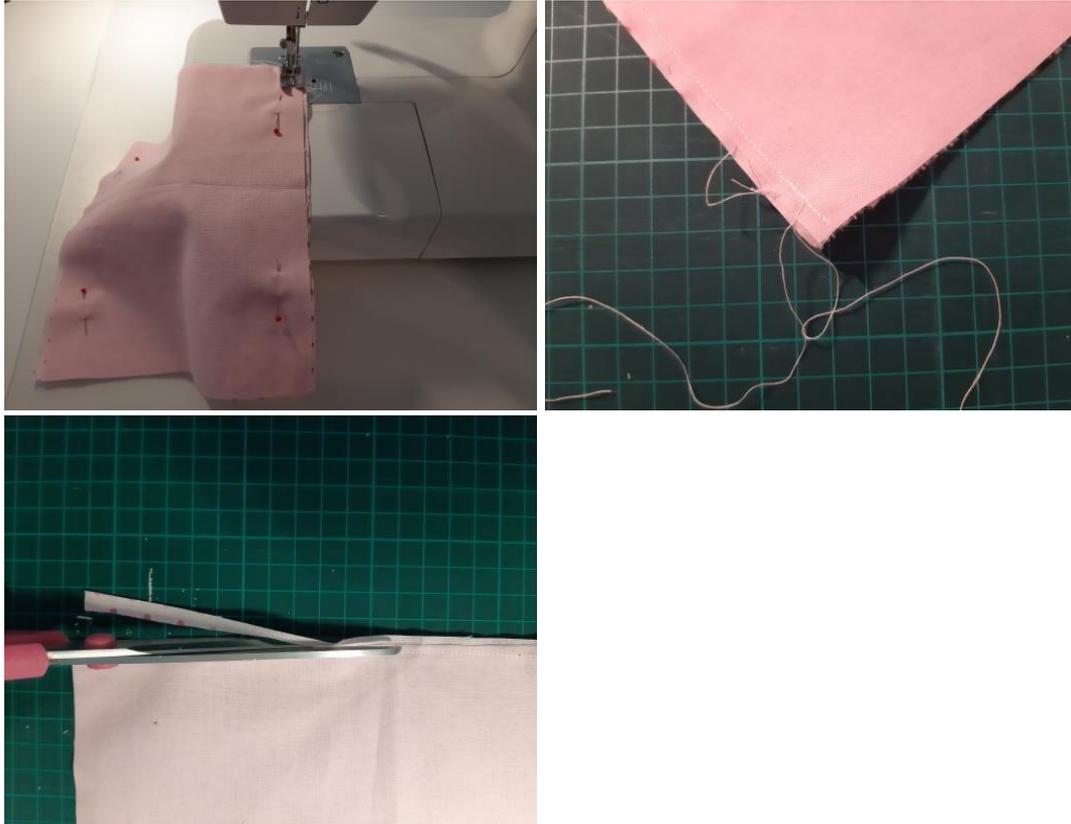
The fabric should be washable so that the masks can be used several times. After washing at 60°C the fabric is then sterile. If the fabric cannot be washed at 60°C, a disinfectant rinse should be used!



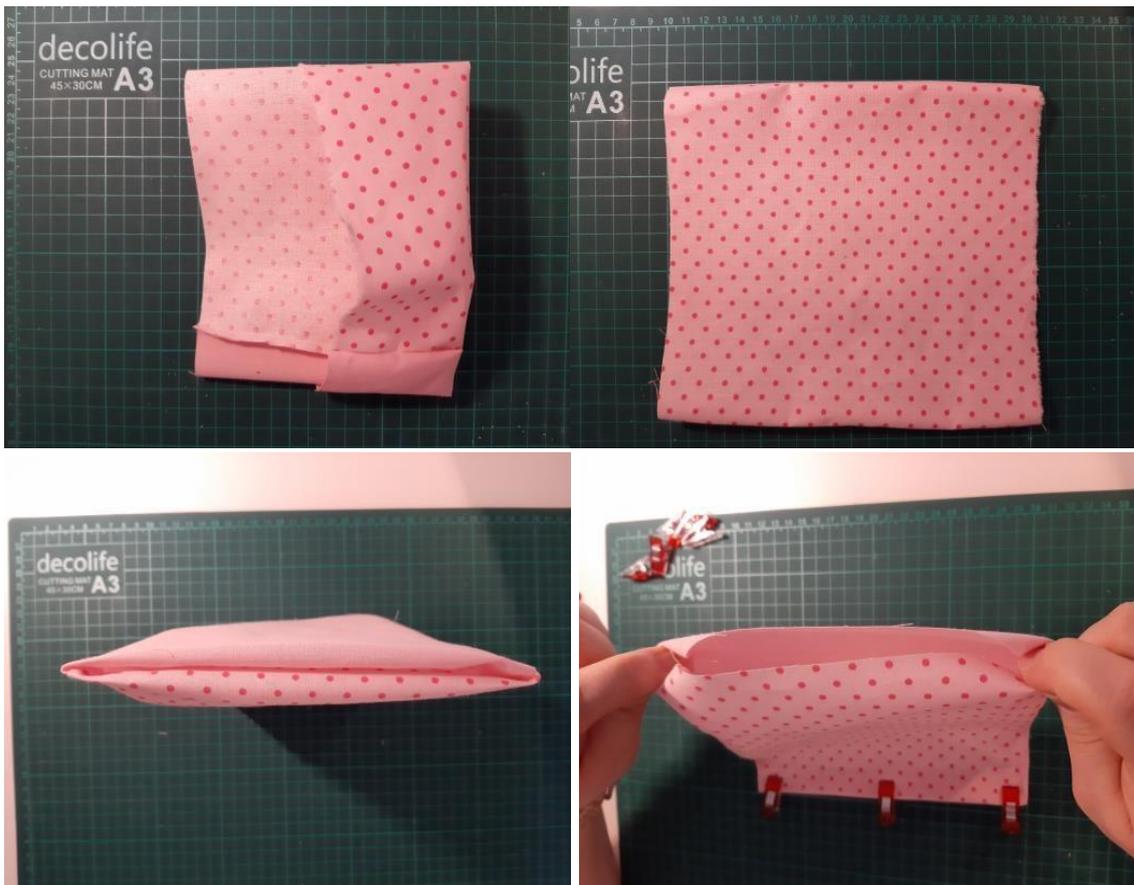
2. Place the two pieces right on top of each other (the sides that will be visible later are now on top of each other) and with the same thread run (test: the pieces must be stretchable in the same direction)



3. Sew the two pieces together to form a tube. Knot the thread ends and cut them off briefly. Cut off the excess fabric close to the seam.

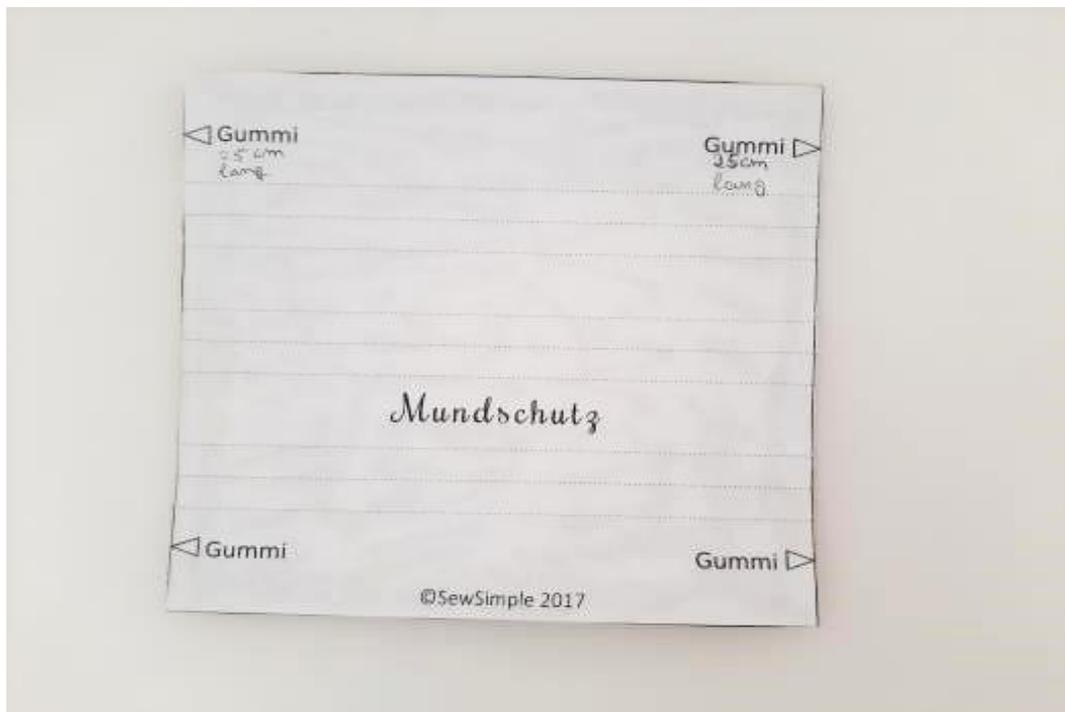


4. Turn the fabric/tube over, fold the open ends inwards and iron the fabric.





5. Cut out the folding template, which is attached at the end of the instructions. It is a good idea to glue it to a piece of cardboard to make it more stable. On the template there are 3x3 lines drawn, these are the auxiliary lines to fold the fabric.



(Translation)
(Gummi = Rubber) {nicker elastic 25 cm long}
(Mundschutz = Mouth protection) {Face mask}

6. Place the fabric in the middle of the template and fix it so that it cannot slip. The sewn ends of the fabric are at the top and bottom, the open sides are left and right.

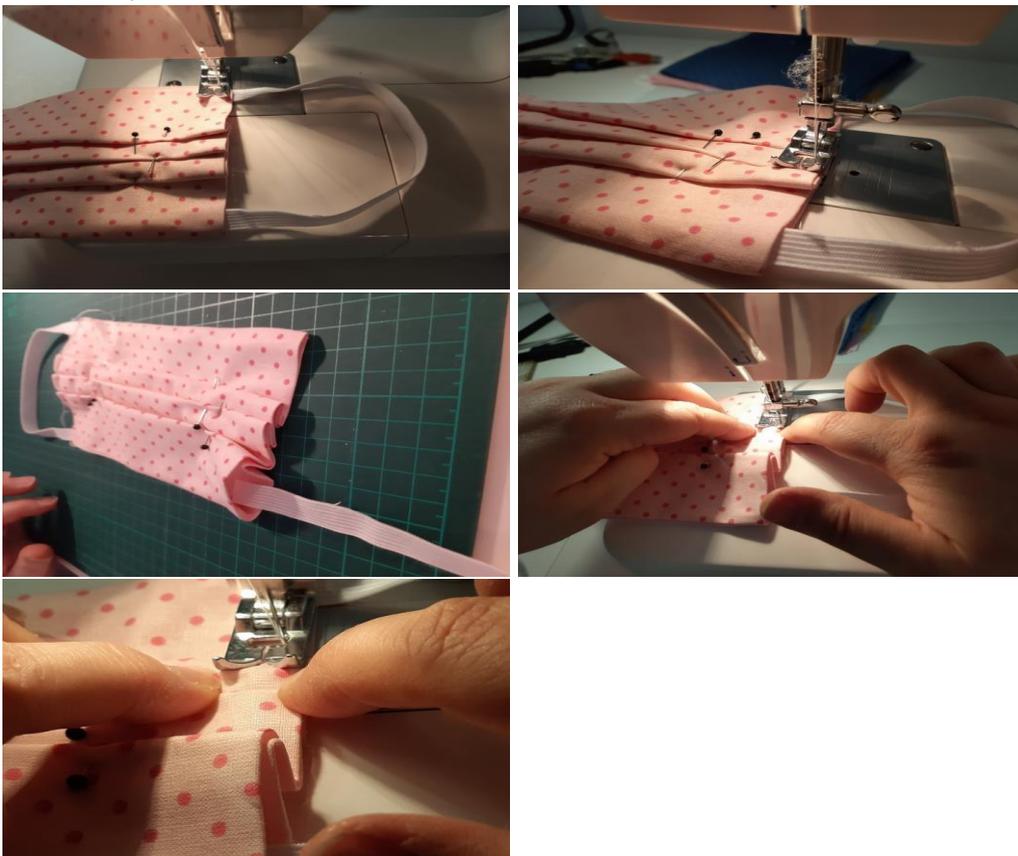


7. Transfer the markings of the folder to the open sides of the fabric using small clips or pins, i.e. on both open sides, place the first clip/pin at the level of the top line and the second clip/pin at the level of the bottom line. Now fold down the upper clip/pin to the lower clip/pin so that the clips/pins come to lie on top of each other. Fix the pleats. Repeat the procedure 2 more times on the other drawn lines. When all pleats have been made, fix them well with pins so that they do not accidentally come loose.





8. Above and below the pleats on both sides of the mask, insert an elastic band of approx. 25 cm length each into the opening approx. 0.5 cm deep and sew up both sides. When sewing, make sure that the pleats do not shift or even slide open.



9. Finally knot the threads well at the 4 corners and cut off close to the fabric.

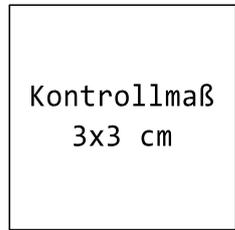


Completed!



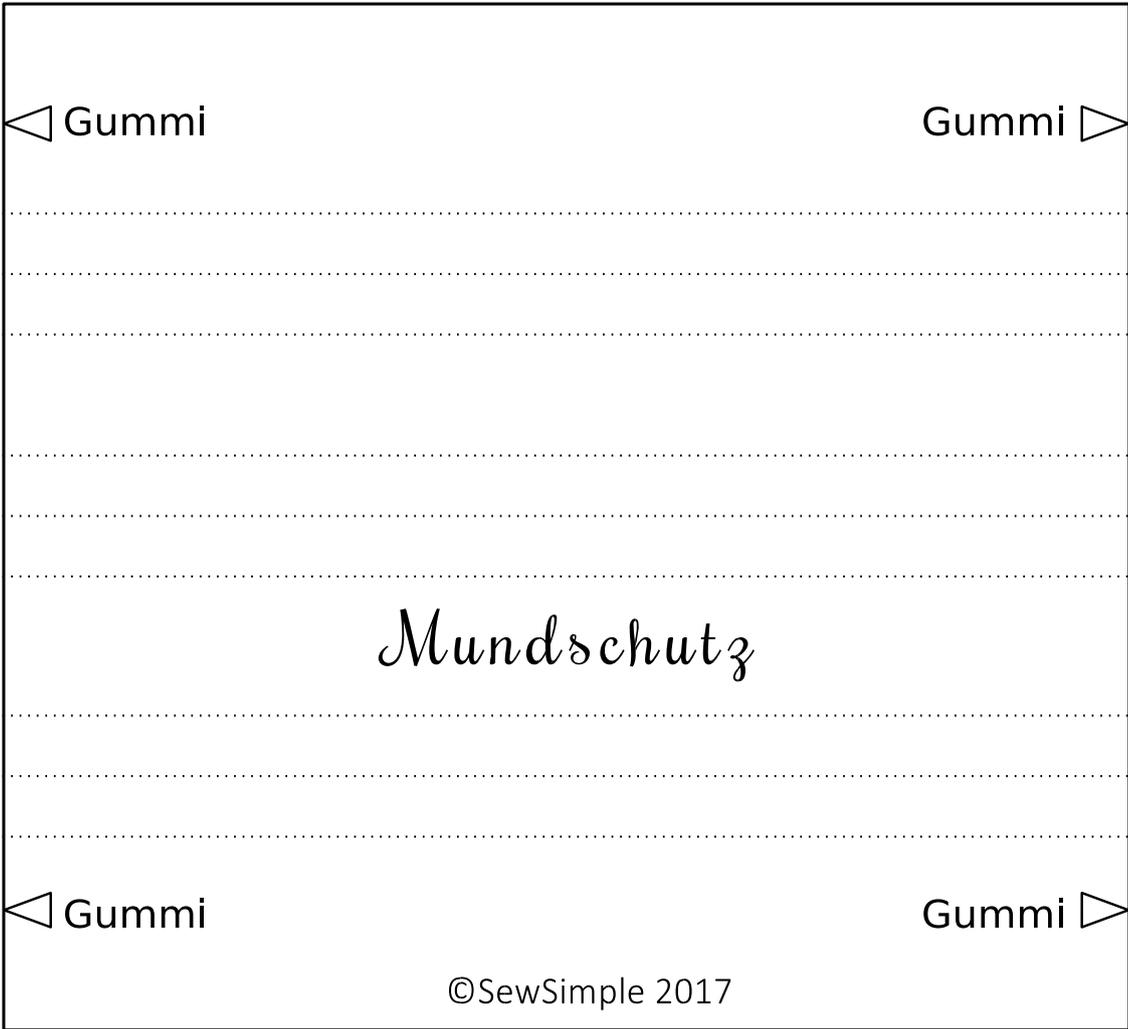
IMPORTANT:

- Always wash the mask before wearing it for the first time!
- Make sure that everyone always wears only their own mask!
- After wearing the mask, store it in such a way that the inside is protected. In the best case, wash it after each use!
- The mask does not protect against the virus! It rather protects the environment than the wearer by holding back droplets.



(Translation)
(Kontrollmass = Control Measure)

Pattern



(Translation)
(Gummi = Rubber) {Nicker elastic 25 cm long}
(Mundschutz = Mouth protection) {Face mask}